

DOUGLAS F. SMILEY  
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**PATIENT INSTRUCTIONS FOR COLONOSCOPY**

NAME:

DATE:

PLACE: Check in at Good Samaritan Hospital Main Lobby or the OutPatient Surgery Center Admitting at 1245 Wilshire Blvd., 1<sup>st</sup> Floor.

TIME:           Check In:

Exam Time:

**Schedule to follow the day prior to the exam:**

1. Clear liquids all day including breakfast. Examples include apple juice, seven-up, tea without milk, flavored waters, Jell-O (no red or purple flavors), clear broth soups.
2. Start colon preparation at 7 p.m. Buy a 3 oz. Fleets Phosphors Soda ACCU-PREP & follow instructions. You may have clear liquids before going to bed.
3. Discontinue all blood thinning medications unless discussed with Dr. Smiley. Examples: aspirin, ibuprofen products (Motrin, Advil, Aleve, Datril) and iron 5 days prior to examination.
4. In view of mild sedation involved, **YOU MUST BRING SOMEONE TO DRIVE YOU BACK HOME. YOU WILL NOT BE ALLOWED TO LEAVE THE HOSPITAL UNACCOMPANIED, NOT EVEN IN A TAXI.**
5. Tell Dr. Smiley if you are pregnant before the examination.